

# ELIGIBILITY AND SUITABILITY

## Eligibility

We require consent from both you and other parties involved in order to carry out our assessments and intervention.

We work with young people aged 10 - 18yrs in Leicester, Leicestershire and Rutland

## Suitability

To be **found suitable** for The YP Project, an individual must:

- Admit to having used some violent/abusive behaviour.
- Take some accountability for your use of abuse.
- Demonstrate some motivation to change.
- Be able to reliably attend assessments and intervention sessions.

“

How I deal with my anger has changed drastically and I can see positive changes to relationships with family.

Young Person (12)

”



## CONTACT US

### Referral Information

If you would like to make a self referral. Please call us on **0116 2540101**.

If you have the local authority or another agency involved, please could you ask them to make the referral.

### Are you a professional?

The YP Project Referral Form must be submitted electronically through the organisations email system to:

[info@jenkinscentre.co.uk](mailto:info@jenkinscentre.co.uk)

[Jenkins.Centre@freeva.cjsm.net](mailto:Jenkins.Centre@freeva.cjsm.net).

If you would like any support with the referral form please call us on **0116 2540101**.



[www.jenkinscentre.org](http://www.jenkinscentre.org)



ARE YOU  
HURTING  
SOMEONE YOU  
LOVE?

# MAKE CHANGES

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I find it easier to walk away from a situation and look to the future.

Young Person (16)

I have come a massive way since working with The YP Project

Young Person (18)

Our family environment is so much happier and calmer.

Parent

I learnt how to diffuse situations rather than escalating them.

Parent

I have found it useful to learn about the signs of anger.

Young Person (12)

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[info@jenkinscentre.org](mailto:info@jenkinscentre.org)



0116 254 0101

# SUPPORT FOR YOUNG PEOPLE

At the YP Project, we understand that relationships at home can be really difficult.

We can support you to work on healthy relationships, managing emotions, resolving conflict and more. The YP Project is here to support you, your family and/or your partner.

Our 1-2-1 intervention programme is around 12 - 15 weeks long. Sessions can be held in a space that you are comfortable with.

If you are using abuse in a dating relationship, we can support you too.

# SUPPORT FOR PARENTS

We recognise it is extremely difficult when family relationships begin to breakdown and when violence and abuse is used in the home. It can be difficult to talk to professionals and challenging to access support.

We provide a group or 1-2-1 intervention programme teaching the Non-Violent Resistance (NVR) parenting approach.

This approach focuses on rebuilding relationships, de-escalation, prioritising behaviours, self care and much more.

