



Helpline & Engagement Service

Our accredited Helpline is the main access point for victims of Domestic or Sexual Abuse (and those supporting them) across Leicester, Leicestershire & Rutland.

We can provide information, safety planning support and advice.

Our specialist team will discuss all your support options, whether that is through our dedicated team or other local specialist providers. We will act as a point of contact to ensure your support needs are met.

We can support you to access safe temporary refuge accommodation, advocate on your behalf with local housing authorities, support access to legal advice including emergency protective orders.

We offer a professional, responsive service that actively seeks to engage clients and collaborate effectively with other services to meet individual needs which ensures client safety and recovery from the abuse they have experienced.

Specialist Sexual Violence Support

Our Independent Sexual Violence Advisers (ISVAs) are specially trained workers who are independent from the police and other statutory services.

The role of an ISVA is to offer practical and emotional support to anyone who has been raped, sexually assaulted or abused, including grooming, FGM and exploitation (CSE). Whether this happened recently or in the past.

You do not have to report to the police to get support from an ISVA.

The aim of our work is to listen, encourage and empower. An ISVA is there to provide information only so that you can make the right decision for you.

We can liaise with the police only if you want to report and support you through the investigation and throughout the court process.



Children's Sexual Violence Support

CHISVA's are specialist Independent Sexual Violence Advisers for children and young people under 18.

We support children, young people, and their families, who have experienced rape, sexual abuse or sexual exploitation.

CHISVAs can provide support throughout the criminal justice process and beyond.

We can advocate with other agencies, ensure children's wishes and feelings are listened to. Help children and young people to stay safe and access other support they may need.



The Jenkins Centre are specialists in providing services for those wanting to change their behaviour

Are you hurting the one you love?

Do you need support to change your behaviour? The Jenkins Centre will work with you to explore the best way to support you to make changes to your behaviour.

Partner Support Service

The Partner Support Service is to support the partners of the clients who are working to change their behaviour.

Change Is Possible

Years of delivering the programme locally has shown that our programme is effective, and for those who are motivated and willing to work with us change is possible.

The YP Project

Our Young Person's (YP) Project was established to support young people using abusive behaviours. This may be in a dating relationship or against a parent or carer

Abusive behaviours may include:

- Physical violence
- Threats
- Intimidation
- Aggressive disruptive behaviours
- Damaging property



We aim to work in a way that helps to overcome these challenges achieve positive outcomes and change.



0808 802 0028



Freeva's sexual violence services have been independently accredited by LimeCulture since 2019





We aim to provide a simplified service, which can be accessed by anyone who has been affected by domestic abuse or sexual violence.

HELPLINE: 0808 802 0028

Monday to Friday 8am-8pm

Weekends & Bank Holidays 10am-4pm

Text Support: 07715 994962

Web Chat: www.freeva.org.uk



About Us

Freeva are a registered charity working towards reducing domestic violence, rape and sexual assault in Leicester, Leicestershire & Rutland.

Our vision is to aspire to live in a society where everyone is free from violence and abuse.

We work closely with other agencies to ensure the right support is in place for you.



Providing coordinated support for anyone affected by domestic abuse or sexual violence across Leicester, Leicestershire & Rutland

0808 802 0028