



**THOUSANDS OF MEN HAVE BEEN
DEVASTATED BY SEXUAL ABUSE**

HAVE YOU?

WE CAN HELP.

CALL FIRST STEP: 0116 254 8535

OR TEXT: 07950 080 321



**LESBIAN GAY BI & TRANS
the CENTRE
LEICESTER**

Male sexual abuse - don't let it devastate your life

Sexual abuse doesn't just happen to women and girls. The effects can be just as devastating for men and boys, and can last for decades.

Help is available. What that will involve depends on you: you might want counselling to get over your experience, or practical help to rebuild your life. You might want to know he or she can't harm anyone else, or you might want him or her brought to justice.

But you need to take the first step – talk to someone. Contact First Step on 0116 254 8535, or Leicestershire Police on 101.

Together we can put your life back together.